

# She Was Walking Home

Countless Journeys  
33 Real Testimonies  
4 Women  
1 Call to Action

## Digital Programme May-June 2022

# In Rehearsals



# Welcome

**Last year, for the first time, The Office for National Statistics (ONS) released data on how safe people feel in different public settings. One in two women felt unsafe walking alone after dark in a quiet street near their home, or in a busy public place and two out of three women aged 16 to 34 years experienced one form of harassment in the previous 12 months. And behind every one of these statistics is a true story of harassment, abuse, rape or even murder - a life changed forever. We cannot let statistics dehumanise what is actually happening or forget the real voices behind each lived experience'. This is what this production aims to do.**

**Originally produced as an audio walk around the city centre in 2021, She Was Walking Home is a series of monologues created from the testimonies of women living, working and studying in York. We wanted to amplify the voices of local women, whilst also prompting conversations around where responsibility and accountability lies for their safety. Since the original audio walk, listened to by almost 800 people, there have been further attacks and murders of women, and still the rhetoric seems to be skewed towards rape alarms, trackers, self-defence classes and dresscodes being the solution. We needed to continue and challenge this conversation. So thank you for joining us.**

**The invitation is to come and watch, listen, but also to think**

**'What is it that I can do in making the women in our community safer?'**

## **TRIGGER WARNING:**

**This performance contains themes of sexual violence and assault. Please feel free to leave the auditorium at any point. Links to support are included further on in this programme.**

# Cast

## **In order of appearance**

**Fiona Baistow - Millie**  
**Anna Johnston - Cate**  
**Mandy Newby - Jackie**  
**Emma Liversidge-Smith - Joanne**

# Creative Team

**Writer - Rachel Price**  
**Director - Kate Veysey**  
**Composer - Joshua Goodman**  
**Dramaturg and Researcher - Amy McMorrow**

## **For Next Door But One**

**Artistic Director - Matt Harper-Hardcastle**  
**Creative Producer - El Stannage**

# Thanks

**National Lottery Community Fund, York Explore  
Libraries and Archives, The Gillygate, Theatre @ 41,  
Department of Theatre, Film, Television and  
Interactive Media - University of York, York Festival of  
Ideas, New Earswick Folk Hall, James Drury, Paul  
Gowland, Paul Veysey, Hannah Davies, Lydia  
Crossland, Libby Pearson, Emily Chattle and Ruby  
Addy.**

# Fiona Baistow



**I am an Actor, Director and Practitioner born and bred in the heart of York. I am really honoured and excited to be returning to the role of Millie in She Was Walking Home and working with Next Door But One again.**

**Fiona's credits include: She Was Walking Home Audio and Yorkshire Trios (Next Door But One); Silly Summer Stories (Mud Pie Arts); The Flood (York Theatre Royal and BBC Radio York); Off The Ground (National Youth Theatre); Understudy for A Midsummer's Night Dream and Macbeth (Shakespeare's Rose Theatre).**

# Anna Johnston



**I have a colourful and extensive career as an actress in theatre and film, alongside her work as a voice over artist and writer. I am passionate about celebrating young people in the arts, and am an experienced and inclusive youth theatre practitioner. Away from Next Door But One I run empowering and liberating arts education workshops and storytelling projects as artist, 'Miss Trout'.**

**This is a project incredibly close to my heart and a creative conversation I knew immediately I needed to be a part of.**

# Mandy Newby



**As a York based actor, it has been wonderful to discover the amazing work of the Next Door But One company. First as an audience member and then, amazingly, as one of the actors for Yorkshire Trios. That project introduced me to the wonders and intricacies of 'the monologue' and the incredible journey they take both the audience and the actor on. It has been a joy of late to perform several monologue based roles. To return to the words of 'Jackie' and bring her unsettling experience to a wider audience, including young people in educational settings, is a privilege.**

# Emma Liversidge-Smith



**I'm Emma. I'm a mum of two children and a very fulfilled member of Next Door But One. My career has journeyed many paths, as they do; after finishing drama school I spent a lot of time touring and working in theatre in education, as well as performing both professionally and in the community sector. I enjoy all aspects of performance but I think you can't beat the thrill and affect of live theatre. creating an audience relationship and taking them on a journey with fellow cast members is thrill that's hard to beat!**

# Kate Veysey



**Kate Veysey is the Associate Director for Next Door But One. Kate was the Youth Theatre Director for York Theatre Royal for 13 years and has recently taken up her new position as Artistic Director of Out of Character, a theatre company comprised of actors with lived experience of mental health problems. Kate has recently been awarded a DYCP grant from Arts Council England to focus on Directing over 2022, supported by six female directors including Emma Rice (Wise Children), Tamara Harvey (Theatr Clwyd) and Wendy Harris (Tutti Frutti).**

# Rachel Price



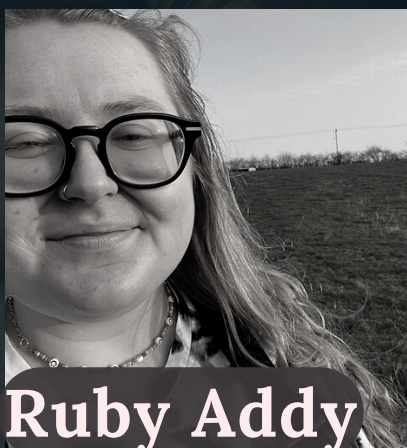
**Rachel is a writer, performer and arts marketing specialist. She Was Walking Home was Rachel's first audio commission and she's delighted it's receiving a second life as a stage adaptation. She has previously collaborated as a writer with Next Door But One on the Yorkshire Trios project, and she enjoys working with companies whose work is rooted in the community and in the north. She's worked with lots of York-based arts organisations and companies including Riding Lights Theatre Company, York Theatre Royal, York Explore, York Settlement Players, York Shakespeare Project, White Tree Theatre and Script Yorkshire. She is a Box of Tricks Theatre Pen Pals Cohort 2021 writing graduate. Her short film Switch Off was an official selection of the Nightpiece International Film Festival at the Edinburgh Fringe.**

# Act 2 - Only at The Gillygate (26th May)



**Hannah Davies**

Hannah Davies is a writer, theatre-maker and poet from Yorkshire. A multi-slam winning poet (Great Northern Slam, Axis Slam, Bristol Poetry Festival Slam, Say Owt Anti-Slam, Word War 4, BBC Edfringe Finalist) she has performed at leading poetry nights across the country (Tongue Fu, Milk Poetry, Hammer&Tongue, Other Voices, She Grrrowls, Innua Ellams Rap Party, Sonnet Youth, Evidently). She trained at Mountview Academy of Theatre Arts and studied playwriting at the Royal Court. She has worked with York Theatre Royal, Pilot, Ice&Fire, Trestle, Guild of Misrule, DryWrite, York Mediale, and been commissioned by BBC, IDAS, Ilkley Literature Festival, Apples and Snakes. Hannah is an Associate Artist at Say Owt, York's leading spoken word night and Artistic Director of Common Ground Theatre. She lectures at the University of York where she is co-programme leader for the MA Playwriting. Hannah's work celebrates feminism, motherhood, recovery, and the power of the female voice. <https://hannahdavis.co.uk/>



**Ruby Addy**

Ruby Addy is a singer-songwriter from the York area. Ruby writes pretty sad songs and wears pretty eclectic outfits to offset it, although their music definitely stands up to criticism better than their clothes. Ruby has played many pub venues across York and Selby, has played Bridlington Spa as a solo artist and most recently has played at Latitude Festival on the Inbetweeners stage. Ruby has two songs out now and has recently been played on the BBC Introducing section of Radio Humberside (twice). Ruby doesn't like writing bios about herself in the third person but is getting on with it.

## Motormouth



**SHE'S GOT A NICKNAME FOR A REASON AND NOW SHE IS READY TO USE IT. ALWAYS TOLD OFF FOR TALKING TOO MUCH, NOW SHE WILL BE LISTENED TO. FOR ONE DAY NORTHERN WOMEN ARE TAKING OVER PARLIAMENT TO ASK THE REAL QUESTIONS...LIKE WHY DOES JANE MCDONALD NOT HAVE AN OBE?**

Lydia Crosland (Writer) is a writer and facilitator with a dedication to working alongside all communities to shine a light on everyone's unique magic.

Emily Chattle (Performer) is an actor, singer and facilitator with a drive to deliver creative work which reignites and reconnects communities.

Libby Pearson (Director) is a playwright and oral story collector with a creative focus on equality, actively seeking to work with fierce women with stories to tell.

Motormouth was originally produced as part of Yorkshire Trios 2021.

# Speaking Out

**When watching the performance, you may connect with or relate to an experience meaning you want to seek further help or guidance:**



**Kyra is a charity that supports women to help overcome challenges and make change in their lives. It acts as a support group to prevent a relapse in behaviour and develop new habits. Kyra delivers a variety of social, wellbeing and creative activities that provides a space for women to come together, as well as services that include counselling, courses, employment support and much more! Kyra is based in the city centre, on St. Saviourgate.**



**IDAS is the largest specialist charity in Yorkshire supporting people who have been sexually assaulted or abused. Whether the abuse was recent or in the past, our support is confidential, non-judgemental, practical and emotional. We will support you whether or not you choose to report to the Police. If you have been assaulted or are concerned about someone else, please contact us on 03000 110 110 or visit our website <https://sexualviolence.idas.org.uk>**

**After watching the performance help us shape our future work by filling in this short survey:**

**<https://forms.gle/9ZGdNwNJc8DsJ42Y7>**

# Continuing the Conversation

**We hope this performance will stay with you.**

**We hope you will want to be part of the change this performance encourages.**

**And that change can start now. With you.**

**We challenge you to:**

- **Share your reaction to the experiences within the performance with 1 person within the next 24 hours.**
- **Write down a piece of advice that can be taken from this performance and passed on to a younger person.**
- **Ask a challenging question, prompted by the performance to a man that is in your life.**
- **Think, if one of the characters in the performance came to you and shared their experience, what could you do? What would you say?**
- **If you work for an organisation, inquire into policies and procedures they have in place to make sure employees can travel safely.**
- **Voice a big change that you want to see happen - write to your local MP, neighbourhood group, community venue or similar.**

**This project is supported by a digital package of worksheets and films aimed at schools and community groups to explore the themes of this performance further.**

**For more information, email  
[nextdoorbutone@outlook.com](mailto:nextdoorbutone@outlook.com)**

# About The Company



## Next Door But One

**We're an award-winning LGBTQ+ and disability-led theatre company based in York, promoting creative skills and encouraging community cohesion, particularly with those who face barriers to accessing theatre. Our established programme focuses on workshops and performances for and with cohorts of the community with disabilities, mental ill health, those experiencing bereavement, those who are carers and individuals from the LGBTQ+ community. Our activity ranges from workshops to touring performances, training programmes and professional development opportunities.**

**We currently work in partnership with The Gillygate, The Snappy Trust, Camphill Village Trust, Converge, York Carers Centre and Yorkshire Mesmac. Our mission is to connect people to their creativity and community through the theatre we make and the stories we tell. Our vision is for the arts to play an integral role in unleashing the true potential of every community; to tell every story, to hear every voice and champion the contribution every person makes. Through theatre we can show a world where everything is possible!**



**WWW.NEXTDOORBUTONE.CO.UK**



**/NDB1ARTS**



**@NDB1ARTS**



**NEXTDOORBUTONE**

